

# INTERACTIVE HEALTH ZONE

- ◆ The Expo will feature an interactive zone in the middle of the Expo floor where attendees can learn more about ways to improve their health in a fun and engaged manner. Exhibitors in this section will have exhibition space as well as the opportunity to teach fitness classes throughout both days in our demonstration area, located within the centre of the Health Zone.
- ◆ Maximum of 12 demonstrators with 8' x 8' booth space.
- ◆ 4 additional 10' x 10' booths for non demonstrators.
- ◆ Demonstrators are guaranteed three 20 minute classes (plus setup and takedown) in total throughout the Expo. Based on availability, demonstrators may have the opportunity to teach 4 classes. This will be determined prior to the Expo.
- ◆ Exhibitor pricing is the same as regular exhibition space.

- ◆ Potential demonstrators include, but are not limited to:

- ◆ Yoga
- ◆ Pilates
- ◆ Personal Training
- ◆ Exercise Ball Classes
- ◆ Stretching
- ◆ Tai Chi
- ◆ Zumba
- ◆ Children's Classes
- ◆ Senior's Classes

- ◆ Pick your time in 3 of 4 sessions:

SATURDAY - MORNING	SATURDAY - AFTERNOON	SUNDAY - MORNING	SUNDAY - AFTERNOON
11:00 - 11:20am	2:00 - 2:20pm	11:00 - 11:20am	2:00 - 2:20pm
11:20 - 11:40am	2:20 - 2:40pm	11:20 - 11:40am	2:20 - 2:40pm
11:40 - 12:00pm	2:40 - 3:00pm	11:40 - 12:00pm	2:40 - 3:00pm
12:00 - 12:20pm	3:00 - 3:20pm	12:00 - 12:20pm	3:00 - 3:20pm
12:20 - 12:40pm	3:20 - 3:40pm	12:20 - 12:40pm	3:20 - 3:40pm
12:40 - 1:00pm	3:40 - 4:00pm	12:40 - 1:00pm	3:40 - 4:00pm
1:00 - 1:20pm	4:00 - 4:20pm	1:00 - 1:20pm	4:00 - 4:20pm
1:20 - 1:40pm	4:20 - 4:40pm	1:20 - 1:40pm	4:20 - 4:40pm
1:40 - 2:00pm	4:40 - 5:00pm	1:40 - 2:00pm	4:40 - 5:00pm

